HURRICANE PREPAREDNESS SHOPPING LISTS

IT IS RECOMMENDED TO HAVE ENOUGH FOOD AND SUPPLIES FOR AT LEAST 10 DAYS.

THE BASICS

- WATER (1 GAL PER PERSON PER DAY)
- FOOD (NONPERISHABLE, EASY TO COOK, SNACKS, SPECIAL DIETARY ITEMS, BABY FOOD, CANNED FOOD)
- MANUAL CAN OPENER
- PLASTIC CUPS, PLATES, & UTENSILS
- CLOTHES & SHOES (COMFORTABLE FOR WORKING IN THE HEAT.)
- TOILETRIES AND PERSONAL ITEMS

HOME ITEMS

- PLASTIC SHEETING & DUCT TAPE
- DUST MASK & SAFETY GLASSES
- DURABLE WORK GLOVES
- PLIERS (TO TURN OFF UTILITIES)
- FIRE EXTINGUISHER

OTHER SHOPPING ITEMS FROM THE CLC PROS

- PROPANE OR CHARCOAL FOR GRILLING
- CASH (IN CASE ATMS ARE DOWN, GET SMALL BILLS)
- FLASHLIGHTS (AND EXTRA BATTERIES)
- WEATHER RADIO (HAND-CRANK OR SOLAR IS BEST)
- PHONE CHARGERS & HEADPHONES
- GATORADE OR ELECTROLYTE DRINK MIX
- SUNSCREEN, DRY SHAMPOO, AND COFFEE

SPECIAL ITEMS

- 2-WEEK SUPPLY OF MEDICINE (& MEDICAL SUPPLIES)
- CONTACT LENS STUFF (SOLUTION, CLEANER, ETC)
- 2-WEEK SUPPLY OF DIAPERS (WIPES & BABY NEEDS)
- FEMININE HYGIENE PRODUCTS
- GAMES, BOOKS, PUZZLES, AND TOYS FOR CHILDREN
- OTHER ITEMS NEEDED FOR INFANTS, THE ELDERLY, OR FAMILY MEMBERS WITH SPECIAL NEEDS OR ABILITIES

FIRST AID SUPPLIES

- BANDAIDS (DIFFERENT SIZES)
- MEDICAL TAPE AND GAUZE
- SCISSORS, TWEEZERS, SEWING NEEDLE
- BABY WIPES AND HAND SANITIZER
- ANTISEPTIC WASH AND SOAP
- SAFETY PINS
- COTTON BALLS AND Q-TIPS

- TYLENOL OR PAIN RELIEVER
- ANTI-DIARRHEAL MEDICINE
- ANTACID AND LAXATIVES
- BENADRYL OR ANTIHISTAMINE
- THERMOMETER
- MEDICAL GLOVES
- FIRST AID MANUAL

IMPORTANT DOCUMENTS

- INSURANCE CARDS (AUTO, HEALTH, HOME, ETC.)
- MEDICAL RECORDS AND LIST OF PRESCRIPTIONS
- BANKING INFO AND CREDIT CARD NUMBERS
- COPIES OF BIRTH AND MARRIAGE CERTIFICATES
- SOCIAL SECURITY CARDS AND PASSPORTS
- WILL AND OTHER LEGAL DOCUMENTS

PET CARE ITEMS

- FOOD, WATER, AND MEDS (10 DAYS)
- MEDICAL / IMMUNIZATION RECORDS
- LEASH, COLLAR, AND KENNEL / CAGE
- WATER AND FOOD BOWLS
- PROOF OF OWNERSHIP / MICROCHIP ID
- BRUSH, SHAMPOO, GROOMING STUFF

HURRICANE PREPAREDNESS "TO-DO" LISTS

MAKE A PLAN. WORK THE PLAN.

THINGS TO DO NOW

- 1. SHOP EARLY!!! DON'T WAIT FOR A STORM!
- 2. FIND OUT WHAT EVACUATION ZONE AND FLOOD ZONE YOUR HOUSE IS IN
- 3. REVIEW YOUR INSURANCE POLICIES
- 4. CHECK YOUR CONTACT INFO ON THE CHURCH CENTER APP (SO WE CAN CONTACT YOU BEFORE & AFTER A STORM)
- 5. MAKE AN EVACUATION PLAN (DECIDE WHAT CATEGORY STORM YOU WILL EVACUATE FOR, WHERE YOU ARE GOING, WHAT ROUTE. FIND HOTELS ALONG ROUTE)
- 6. CLEAN UP YOUR YARD AND CUT BRANCHES THAT ARE CLOSE TO THE HOUSE OR ROOF
- 7. TEST YOUR GENERATOR
- **8. FILL GENERATOR GAS TANKS**
- 9. TEST FIT A FEW OF YOUR STORM SHUTTERS
- 10. DETERMINE WHAT ROOM IN YOUR HOUSE WILL BE YOUR "TORNADO ROOM"
- 11. MAKE SURE YOUR CAR IS READY TO TRAVEL
- 12. SIGN UP FOR TEXT ALERTS FROM CHURCH CENTER APP AND SANTA ROSA COUNTY
- 13. CONTACT "MY SAFE FLORIDA HOME" TO MAKE YOUR HOME MORE STORM-READY
- 14. LOCATE AND REGISTER FOR COUNTY
 STORM SHELTERS IF YOU HAVE SPECIAL
 NEEDS OR MEDICAL CONDITIONS
- 15. MAKE STORM PLANS FOR YOUR BOAT / RV
- 16. TAKE PICTURES / VIDEOS OF YOUR HOUSE, PETS, AND IMPORTANT BELONGINGS
- 17. GATHER IMPORTANT DOCUMENTS

THINGS TO DO 96 HOURS BEFORE A STORM

- 1. IF YOU PLAN TO EVACUATE, DO IT SOON (SEE OTHER TO-DOS TO PREPARE YOUR HOUSE BEFORE YOU LEAVE)
- 2. TOP OFF YOUR CAR'S GAS TANK (DON'T GO BELOW 1/2 A TANK IN HURRICANE SEASON)
- 3. REVIEW YOUR SUPPLIES, WATER, AND FOOD
- 4.BUY LAST-MINUTE ITEMS IF NEEDED
- **5. DOWNLOAD SEVERAL MOVIES AND SHOWS**
- 6. REFILL ANY MEDICINES YOU ARE LOW ON

THINGS TO DO 48 HOURS BEFORE A STORM

- 1. PUT UP HURRICANE SHUTTERS
- 2. CLEAN UP ANY YARD DEBRIS & CUT LIMBS
- 3.LOAD YOUR TORNADO ROOM WITH SUPPLIES AND GEAR (+ BLANKETS AND BIKE HELMETS)

THINGS TO DO 24 HOURS BEFORE A STORM

- 1. BRING IN LOOSE YARD ITEMS (CHAIRS, ETC.)
- 2.LOWER POOL WATER LEVEL TO ACCOUNT FOR RAIN (BE CAREFUL OF THE PUMP)
- 3. FILL BATHTUBS WITH WATER (USEFUL TO FLUSH TOILETS, WASH CLOTHES, ETC.)
- 4. TURN YOUR AC DOWN TO COOL THE HOUSE
- 5. TURN YOUR FRIDGE/FREEZER TO THE LOWES SETTING
- **6. TAKE A NAP. YOU WON'T REGRET IT LATER**

THINGS TO DO DURING A STORM

- 1. PRAY. STAY CALM. STAY ALERT.
- 2. STAY TUNED IN TO WEATHER REPORTS
- 3. STAY INSIDE AND AWAY FROM WINDOWS
- 4. WATCH FOR RISING WATERS & WEAK TREES
- 5.LOOK FOR HAZARDS FROM INSIDE YOUR HOUSE BEFORE YOU VENTURE OUTSIDE AFTER A STORM

THINGS YOU SHOULD NEVER DO

- PAY A CONTRACTOR 100% IN ADVANCE
- DRIVE THROUGH WATER ACROSS A ROAD
- WAIT UNTIL THE LAST MINUTE TO PREPARE
- WAIT UNTIL THE LAST MINUTE TO EVACUATE
- WORK BEYOND YOUR SKILLS AND ABILITIES
- PUT YOUR LIFE OR OTHERS' LIVES AT RISK
- HESITATE TO ASK FOR HELP IF YOU NEED IT



HURRICANE PREPAREDNESS "TO-DO" LISTS

AN OUNCE OF PREPAREDNESS IS WORTH A POUND OF RESPONSE.

THINGS TO DO AFTER A STORM

- FOLLOW LOCAL RESTRICTIONS, CURFEWS, AND LAWS.
- STAY HOME, DO NOT DRIVE OR WALK AROUND TO VIEW THE DAMAGE.
- ONLY MAKE NECESSARY PHONE CALLS. (NETWORKS GET OVERLOADED)
- ONLY DRIVE ON ROADS THAT ARE FREE OF DEBRIS, WATER, POWER LINES, ETC.
- IF YOU WANT TO VOLUNTEER, MEET AT THE CHURCH AT 10AM THE DAY FOLLOWING A STORM. (IF IT'S SAFE TO TRAVEL. BRING YOUR OWN FOOD & WATER. BRING TOOLS IF YOU HAVE SOME.)
- LEAVE AC AND WATER HEATER OFF UNTIL THE ELECTRICITY IS FULLY ON AND STABLE.
- NEVER RUN A GENERATOR INSIDE A HOME, SHED, OR GARAGE. (CARBON MONOXIDE HAZARD)

THINGS TO CONSIDER WHEN EVACUATING

- SOME EVACUATIONS ARE OPTIONAL, AND SOME ARE MANDATORY. HEED THE WARNINGS.
- LEAVE WELL IN ADVANCE OF THE STORM. (ROADS GET CONGESTED VERY QUICKLY)
- RESEARCH ALTERNATE ROUTES. (FOR EVACUATING AND RETURNING HOME)
- BUY PAPER MAPS TO USE. (CELL PHONE NAVIGATION SERVICE IS UNRELIABLE AFTER A STORM)
- BRING YOUR IMPORTANT DOCUMENTS (SEE PAGE 1) AND CASH IN A WATERPROOF BAG.
- INFORM YOUR FAMILY, TRUSTED NEIGHBORS, AND EMPLOYER OF YOUR EVACUATION PLANS.
- TURN OFF YOUR AC & WATER HEATER BEFORE YOU LEAVE. UNPLUG ANY UNNECESSARY ITEMS.
- PREPARE YOUR HOUSE, YARD, PORCH, POOL, BOAT, RV, ETC.
- PREPARE TO BE GONE LONGER THAN YOU EXPECT. A QUICK RETURN MIGHT NOT BE POSSIBLE.
- BUY SUPPLIES AND GAS AT THE CITY YOU EVACUATED TO BEFORE RETURNING HOME.
- WASH ALL OF YOUR CLOTHES AND GET ONE LAST HOT SHOWER BEFORE RETURNING HOME.
- ASK FLORIDA POWER AND SANTA ROSA COUNTY ABOUT OUTAGES BEFORE RETURNING HOME.



DID YOU KNOW...?

- A FAMILY OF FOUR NEEDS OVER 300 BOTTLES (40 GALLONS) OF WATER TO LAST THEM TEN DAYS.
- MOST OF THE INJURIES FROM A HURRICANE OCCUR AFTER THE STORM HAS PASSED. BE CAREFUL!
- HURRICANES ARE UNPREDICTABLE, AND IT'S ALMOST IMPOSSIBLE TO ESTIMATE THEIR FUTURE CATEGORY, ACTUAL STORM SURGE, AMOUNT OF RAIN, AND WIND SPEED.
- HURRICANE MICHAEL (2018) GREW FROM A CATEGORY 1 TO A CATEGORY 5 WITHIN TWO DAYS.
- MANY STORES SELL OUT OF WATER AND OTHER NECESSITIES SEVERAL DAYS BEFORE A STORM.
- MANY LOCAL RESIDENTS WERE WITHOUT POWER FOR WEEKS AFTER HURRICANE IVAN (2004).
- YOU COULD GET STATE FUNDS TO HELP PAY FOR HOME IMPROVEMENTS FOR HURRICANES.
- FIREFIGHTERS AND EMTS ARE NOT ABLE TO ASSIST IN EMERGENCIES DURING MAJOR STORMS.
- YOU DON'T HAVE TO BUY ALL THE ITEMS FOR YOUR HURRICANE KIT AT ONCE. SPREAD IT OUT!
- YOU CAN REPLACE STUFF, BUT YOU ARE IRREPLACEABLE. STAY SAFE.
- YOU CAN REACH OUT TO THE CHURCH FOR HELP WITH YOUR PREPARATIONS CLC.LIFE/CARES
- MANY ITEMS YOU HAVE IN YOUR CAMPING GEAR MIGHT BE USEFUL AFTER A HURRICANE.

HURRICANE PREPAREDNESS EXTRA RESOURCES

KNOW WHERE TO LOOK TO FIND MORE INFORMATION.

IMPORTANT LINKS FOR MORE INFORMATION

- SANTA ROSA COUNTY EMERGENCY OPERATIONS CENTER
 - HTTPS://WWW.SANTAROSA.FL.GOV/974/EMERGENCY-MANAGEMENT
- SANTA ROSA COUNTY EMERGENCY ALERT SYSTEM SIGN UP
 - HTTPS://MEMBER.EVERBRIDGE.NET/892807736724730/LOGIN
- SANTA ROSA COUNTY SPECIAL NEEDS REGISTRY SIGN UP
 - HTTPS://MEMBER.EVERBRIDGE.NET/INDEX/892807736730079#/SIGNUP
- MY SAFE FLORIDA HOME (STATE FUNDING FOR HOME RESILIENCY PROJECTS)
 - HTTPS://MYSAFEFLHOME.COM
- WHAT EVACUATION ZONE IS MY HOUSE IN?
 - HTTPS://WWW.FLORIDADISASTER.ORG/PLANPREPARE (CLICK "KNOW YOUR ZONE")
- WHAT FLOOD ZONE IS MY HOUSE IN?
 - HTTPS://MSC.FEMA.GOV/PORTAL/HOME
- IS MY ELECTRICITY BACK ON YET? (HOW DO I CHECK FOR POWER OUTAGES?)
 - HTTPS://WWW.FPLMAPS.COM/NORTHWEST
- HOW DO I TURN OFF MY UTILITIES?
 - HTTPS://WWW.READY.GOV/SAFETY-SKILLS
- HOW DO I CHECK A CONTRACTOR'S LICENSE IN FLORIDA?
 - HTTP://WWW.MYFLORIDALICENSE.COM
- WHICH HURRICANE-TRACKING WEBSITES ARE RELIABLE?
 - NOAA HURRICANE TRACKING: HTTPS://WWW.NHC.NOAA.GOV
 - MIKE'S WEATHER PAGE: HTTPS://SPAGHETTIMODELS.COM
- WHERE CAN I GET MORE INFO ON BEING PREPARED FOR NATURAL DISASTERS?
 - WWW.READY.GOV (AND ALSO) WWW.FLORIDADISASTER.ORG

DOWNLOAD THE CHURCH CENTER APP TODAY!

- RECEIVE IMPORTANT NOTIFICATIONS
- REGISTER FOR EVENTS AND CLASSES
- WATCH SUNDAY MORNING SERVICES
- CONNECT TO YOUR GROUPS
- DISCOVER WAYS TO GIVE
- FIND OPPORTUNITIES TO SERVE
- KEEP YOUR CONTACT INFO UPDATED
- IT'S ALL SAFE, SECURE, AND FREE!
- SIMPLY SCAN THE QR CODE





CONNECT WITH THE DISASTER RESPONSE TEAM

- IF YOU NEED HELP TRIMMING TREES AND PREPARING YOUR HOUSE FOR A HURRICANE, GO TO WWW.CLC.LIFE/CARE (AND THEN CLICK "CARE REQUEST")
- IF YOU WOULD LIKE TO SIGN UP TO VOLUNTEER TO HELP YOUR NEIGHBORS, GO TO WWW.CLC.LIFE/DISASTER-RESPONSE (AND THEN CLICK ON "JOIN THE TEAM")

HURRICANE PREPAREDNESS HOME RESOURCES

FROM THE HEARTS OF THE HURRICANE PROS AT COMMUNITY LIFE CHURCH.

MY SAFE FLORIDA HOME PROGRAM

The Hurricane season is approaching soon, and the CLC Disaster Response Team wants to help you prepare! One of the best ways to protect your family is to upgrade your home to help prevent damage from a hurricane. We wanted to let the CLC family know that resources are available to you through the My Safe Florida Home Program to help!

The program provides homeowners with the knowledge, resources, and financial assistance necessary to make their homes more resilient to natural disasters. With the My Safe Florida Home Program, you can:

- Get a free home inspection A team of experts will visit your home and conduct a comprehensive inspection to identify potential vulnerabilities and make recommendations on how to make your home more disaster-resistant.
- Receive financial assistance They offer grants of up to \$10,000 to eligible homeowners to implement recommended upgrades and improvements, such as wind-resistant windows, reinforced roofs, and flood protection measures.
- Benefit from educational resources They give homeowners access to valuable information and resources on disaster preparedness, mitigation, and recovery, so you can stay informed and make informed decisions.

By participating in the My Safe Florida Home Program, you can have peace of mind knowing that you have taken proactive steps to protect your home and family from natural disasters. You can learn more at their website www.mysafeflhome.com

INSURANCE COVERAGE TIPS

Before A Storm:

Read your policy declaration page to understand your coverage and deductible for the building, contents, and other coverages.

Take photos or videos of your home's complete exterior and interior before a storm event. When taking interior photos, make sure you photograph all furniture. Also, photograph inside drawers in case you need to itemize specific contents in the event of a claim where contents are damaged or are no longer present.

If your insurance policy includes a warranty that hurricane shutters must be in place in a storm, make sure you take action to put the shutters in place before a storm event. Photograph your home showing the shutters.

If you evacuate, bring the policies for your home, vehicle, boat, etc., and agent contact info.

After a Storm:

Contact your agent or carrier within 48 hours after a storm event to notify them if you have damage to your home that exceeds the windstorm deductible.

Take photos and videos of damage to your home after the storm to document the damage. Reasonable Emergency Measures - (\$3,000 or 1% of Coverage A) Reasonable costs incurred to protect your home from further damage are usually an additional coverage included in your policy - so look through your policy and find this additional coverage and how it works so you understand how to proceed.

The carrier (adjuster) must be allowed to inspect the damage to your home and approve further damage repairs before damages exceeding reasonable emergency measures are approved by the carrier.

AVOIDING SCAMS AFTER A HURRICANE

BE AS SHREWD AS SNAKES AND AS INNOCENT AS DOVES.

Unfortunately, there are a lot of bad actors that try to take advantage of individuals after a storm. These people and companies can attempt to scam you out of money with promises to repair your home, remove debris, fix your yard, etc. With some help, you can spot these scams before they happen.

Here's a checklist for avoiding construction scams:

- Don't rush: Don't rush into making a decision without doing your research. Take your time and carefully evaluate a contractor before making a choice. A typical scam attempts to "rush" you into a decision. This is a big red flag.
- Know who you are contracting with. This seems obvious but is very easy to miss! Get the
 person or company's name, number, and contact info. Take pictures of license plates
 and equipment they use (trailers, trucks, etc.). Be extra vigilant if the person or company
 is not local.
- Get a written contract/estimate/proposal! Ensure you have a written contract that includes a detailed scope of work, payment schedule, timeline, and materials to be used. Avoid any verbal agreements.
- Verify the contractor's license: Make sure the contractor you're considering has a valid license issued by the state of Florida. You can check the license status online through the Florida Department of Business and Professional Regulation (DBPR).
- Check for insurance: Make sure the contractor has general liability insurance and workers' compensation insurance to protect you in case of any accidents on your property. Insist on these being emailed or hard copies given to you before work begins.
- Avoid upfront payments: Don't pay the full amount upfront. Instead, set up a payment schedule that aligns with the completion of various stages of the project. If the project is larger, then consider a 10% deposit. If it is small, a 50% deposit may be more appropriate.
 Never pay more than 50% until the job is complete and you are happy with the work.
- Get multiple bids if possible: Get bids from at least three different contractors and compare their prices, scope of work, and references.
- Trust your gut: Finally, trust your gut instinct. If something seems too good to be true or
 you feel uneasy about a contractor, it's better to err on the side of caution and choose
 someone else. If you are uneasy or a deal turns bad, contact your local law
 enforcement. They are happy to assist you with contractor issues on the spot before you
 pay!

AT COMMUNITY LIFE CHURCH,
WE LOVE GOD,
WE LOVE OUR NEIGHBOR,
AND WE CONNECT PEOPLE TO JESUS.